Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Thursday 25 May 2023 until 23:59 on Friday 26 May 2023

Forecast Issued on Thursday 25 May 2023 at 02:37 by Met Office Aberdeen

Confidence: High for mostly dry and settled weather into the weekend. Low for extent and clearance of low cloud on Friday.

Headline for Thursday 25 May 2023: Dry and sunny

Mountain weather hazards on Thursday 25 May 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
No Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
☀	☀	☀	☀	☀	☽
Sunny	Sunny	Sunny	Sunny	Sunny	Clear night
Precipitation probability					
00%	00%	00%	00%	00%	00%

Forecast for Thursday 25 May 2023

Weather: A cold start to the day. Then dry with some good spells of strong sunshine, but rather cloudy over western coastal ranges at first and a little cloud bubbling up elswhere through the morning.

Chance of cloud-free hill tops above 800m: 90%, but 40% coastal ranges at first.

Low cloud and visibility: Excellent visibility with cloud largely above the tops, though broken cloud around 900 metres in west at first and patches 600-800m bubbling up in the morning.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Thursday 25 May 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	17/20 W	13/18 W	14/20 W	15/21 W	14/19 NW	9/13 NW	10/12 W
900	16/19 W	14/19 W	15/20 W	15/21 W	14/19 NW	10/13 NW	8/11 W
600	12/15 W	12/17 W	13/18 W	14/19 W	12/17 NW	7/11 NW	6/9 W
300	6/17 W	6/16 W	7/18 W	9/19 W	7/17 NW	4/12 NW	1/9 W
Glen	7/11 W	9/14 W	10/16 W	11/18 W	9/15 W	4/9 NW	2/4 NW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	1/-5	2/-2	4/-0	5/0	4/-1	2/-2	1/-3
900	2/-4	3/-1	5/1	5/1	4/0	3/-1	2/-1
600	4/1	6/2	8/4	8/4	7/3	5/2	4/2
300	8/6	10/8	12/10	12/10	10/8	8/7	7/6
Glen	10/9	12/10	14/12	14/12	13/11	10/9	9/9
Freezing Level*	1100m	1100m	1200m	1200m	1200m	1200m	1900m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Be prepared for strong sunshine and a risk of sunburn on prolonged hikes. Temperatures in inland glens as low as 2 or 3 C at first and temperatures could reach 17 C on lower slopes in the sunshine.

Forecast for Friday 26 May 2023

Weather: Widespread low cloud along with some light rain or drizzle will extend eastwards through the morning. This will linger for most of the day although drier and brighter weather may develop towards the Great Glen by the afternoon. Drier weather with clearing skies developing through the evening.

Maximum wind: Southwesterly 15 mph

Chance of cloud-free hill tops above 800m: 20%, best chance towards the Great Glen

Low cloud and visibility: Poor in widespread low cloud down to 400 to 700 metres for most of the day, although improving in the evening as cloud lifts and breaks

Temperature: **Glens:** Plus 6 rising to 15 Celsius
At 800m: Plus 5 rising to 8 Celsius
Freezing level: Above summits

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